1-Minute Changes

Instructions:

- 1. Set a timer for 1 minute/60 seconds.
- 2. Choose 2 chords and write the names of those chords in the column labeled 'Chords'. (If you are not practicing chords then write the small section of the piece you are working on in this section, For Example 'Iron Man part ')
- 3. Play the chord making sure each string within the chord makes a sound, This counts as 1 point
- 4. Change to the 2nd chord you chose in step 2 and repeat step 3 with the new chord, This counts as another point
- 5. Repeat this as many times as you can within the a minute
- 6. Write down the date and your score in the box below
- 7. Aim to beat that score the next time you play this game

Date	Chords/Piece	Attempt #1	Attempt #2	Attempt #3